




sochara  
building community health

# ANNUAL REPORT

COVID-19 and beyond

2022-2023

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Society for Community Health Awareness Research and Action (SOCHARA) is an independent non-government organisation registered under Karnataka Societies Registration Act 17A (1960).

All images pictured in this report have been taken and included with consent from the communities and individuals that SOCHARA's team has engaged with.

Pictured on cover page: Members of the street play team of community volunteers raise awareness about waste segregation among their own community.

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*Our*

## VISION & MISSION

SOCHARA is an interdisciplinary resource group involved in a broad spectrum of community health and public health activities to facilitate the goal of Health for All.

- It works through community action and partnerships, teaching and training initiatives, research, knowledge dissemination, policy advocacy and engagement with the public health system.
- It focuses on public health system development, action on the social determinants of health and community action for health with a social justice perspective.

# President's Message

Esteemed friends of SOCHARA,  
Cordial greetings!

Last year (2022-23) has made all of us work with little relief since Covid 19 took back seat. There have been significant developments in SOCHARA.



Collaboration with MLCU, Shillong has made progress in recognition of CHLP as a Diploma in Community Health and made way for MPH. Also, nine month CHLP is being extended to one year.

District Health Assembly work in Tamilnadu is another important area of work towards advocacy in Community Health Action. The Secretary Sri Gurumoorthy has been very proactive towards sustainability and further development of SOCHARA. My suggestion to SOCHARA Team is to give focus to documentation more and more and ensure that we share our insight gained through experiences in the areas of Mitigation of Covid 19, WASH, Nutrition, CHLP, School Health, District Health Assemblies, Initial NCD effort is brought out in the form of “Anubhav series”. It is a wealth which needs to be shared with the Country.

Appreciating our SOCHARA team for all the work, on behalf of Executive Committee and SOCHARA Team I wish to thank our funders and community stakeholders for making us go through 2022-23 successfully.

Best of luck to all of us!

Warm regards,

Dr S Pruthvish, MD, FAMS  
President, SOCHARA

# *Message from our Secretary-Coordinator*



Dear Partners and Supporters,

I hope this message finds you in good health and high spirits. The year 2022-23 has proven to be a pivotal chapter in the journey of SOCHARA. It marked our first full year of active engagement following the onset of the COVID-19 pandemic in 2020.

One of our proudest achievements this year was the accreditation of our Community Health Learning Programme by Martin Luther Christian University (MLCU), conferring it with the status of a PG Diploma in Community Health, carrying 40 credits. This development also paved the way for the introduction of the Master in Public Health (MPH) - Community Health program. CHLP fellows now have the privilege of seamlessly transitioning into the second year of MPH. The pilot batch successfully commenced its journey during the 2022-23 academic year. In our pursuit of comprehensive knowledge management in Community Health, we launched the Digital Archive system. This initiative aims to establish a robust Digital Knowledge Management System, ensuring that valuable insights and learnings are readily accessible. Expanding our horizons, we have ventured into the realm of community health in Karnataka. Collaborating with 42 different organisations, we have forged a platform to collectively address public health concerns in the state. Our commitment to Community Water, Sanitation, and Hygiene (C-WASH) projects in Bengaluru and Chennai remains steadfast, and we are pleased to report significant progress. Additionally, our efforts in the field of nutrition in Madhya Pradesh have been fortified.

On behalf of SOCHARA, I extend my deepest gratitude to all our esteemed partners. Your unwavering support and collaboration have been instrumental in achieving these milestones.

Warm regards,



Guru

Secretary, SOCHARA

# OUR OBJECTIVES



To create **awareness** on the principles and practice of community health among all people involved and interested in health and related sectors.



To promote and support **community health action** through voluntary as well as governmental initiatives.



To undertake **research** in community health policy issues, including strategies in community health care, health personnel training, integration of medical and health systems.



To evolve **educational strategies** that enhance the knowledge, skill and attitudes of persons involved in community health and development.



To **dialogue** and participate **with health planners, decision-makers and implementers** to enable the formulation and implementation of community oriented health policies.



To establish **a library, documentation and interactive information centre** in community health.

# 2022 - 2023

## THE YEAR IN REVIEW

SOCHARA continued most of its previous years' activities. We have facilitated more trainings to the community, associated with new organisations, and expanded community health nutrition work to rural areas of Madhya Pradesh and in Tamil Nadu on pilot basis. During this year we have supported activities of national and international networks working on health issues including Jan Swasthya Abhiyan (JSA) and Community of Practitioners on Accountability and Social Action on Health (COPASAH). The campaign against privatisation and commercialisation of health care continued and we have started health system observatory in rural areas of Tamil Nadu on pilot basis.

During this year also we responded to the pandemic COVID 19 through relief activities to the migrants and other marginalised communities in Karnataka and Madhya Pradesh. We envisage COVID 19 will pose bigger challenges to all section of the community including civil society organisations, however SOCHARA committed to respond to the situation.



# SOCHARA' Objective I

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*To create awareness on the principles and practice of community health among all people involved and interested in health and related sectors.*

## Community Water, Sanitation and Hygiene C-WASH

### Volunteer Meetings

During the year 2022 to 2023 a total of 60 volunteer meetings were conducted at Mayabazaar and Anandapuram. A total of 4 committed community volunteers were selected from the community based on their interest in working towards the welfare of the community. These volunteers, along with SOCHARA's technical team, conducted regular meetings, i.e. every Wednesday at Mayabazaar and every Thursday at Anandapuram. In these meetings, challenges faced by the community relating to water, sanitation and hygiene were discussed and each volunteer took responsibility for reaching out to the concerned authorities to ensure that the issues were solved for the welfare of the community.

### Awareness Meetings

A total of 103 community awareness programs were conducted at the Mayabazaar and Anandapuram communities. The Awareness programs were based on Water, Sanitation and Hygiene (WASH) components; and modules on topics like Menstrual Health and

Hygiene, Waste Segregation and Management, Water and Vector Borne Diseases, Hand Washing, Oral and Dental Hygiene etc. were prepared by SOCHARA's technical team. Further, the field staff were trained on these topics following which they facilitated awareness programs with the communities. In Chennai, 12 awareness programs on topics of Menstrual Health and Hygiene, Waste Segregation, Oral and Dental Hygiene were facilitated.



Rohini (SOCHARA team member) facilitating a Menstrual Health and Hygiene, awareness session for students of a government school in Tamil Nadu.

### Community Meetings

A total of 49 community meetings were conducted in the Anandapuram and Mayabazaar communities. These meetings were conducted regularly (at least weekly) to discuss the various issues the communities were facing and to arrive at

further steps to solve the issues raised, in consultation and discussion with the technical team. Issues relating to non-functional street lights, blocked drains, black spot (waste dumping) clearance, spread of malaria and dengue due to stagnant water etc. were addressed. In Chennai, 5 community meetings with the urban poor locality linked to police clubs were conducted to know the pressing issues in the community for interventions.

### **Awareness Programme**

Under rural sanitation, SOCHARA's C-WASH team organised 3 awareness programme at Hassan Zilla panchayat for youths; and 2 awareness programmes at Huskur and Kyathnoor Gram Panchayat for 60 government officials and 48 youths on Waste Management.



Pictured: Community and Awareness meetings facilitated through SOCHARA's C-WASH programme during the year.

## Community based Nutrition Programme for young children in Madhya Pradesh

The Nutrition Programme of CPHE-MP has continued for the year April 2022 to March 2023, in Bhopal and rural areas of Ganj-Basoda (Vidisha) and Shahpur (Betul) in Madhya Pradesh. Under the programme these activities were conducted:

1. Supported and conducted Intensive Child Growth Monitoring Process in the Anganwadi centre and in the community.
2. Health Education (in the Community).
3. Conducted Community Based Nutrition Rehabilitation (CBNR) as required in field areas.
5. Facilitated '1000 Days' programme with ASHAs and AWWs. This included antenatal care (ANC), exclusive breastfeeding, complementary feeding and weaning.

6. Continued capacity building of nutrition and health workers, Anganwadi Workers (AWW), and Accredited Social Health Activists (ASHA).

7. Periodically conducted data tabulation and updation and provided feedback to nutrition workers on a monthly basis.

8. Prepared case stories.

9. Photo bank updation on monthly basis.

10. Field visits on a monthly basis at all interventional areas.

11. JSA-NCC (Mr. Inderneel and Ms. Richa) members interacted with Betul workers and community. They visited two villages (Banabehda, Handipani) and met mothers whose children completely recovered from malnutrition.



Intensive Growth Monitoring Process - A child being weighed at an Anganwadi centre under the SOCHARA-CPHE - MP Nutrition Programme in Madhya Pradesh



Home Visit as part of CBNR to address iron deficiency in a malnourished child, under the SOCHARA-CPHE - MP Nutrition Programme in Madhya Pradesh

## COMMUNITY-BASED NUTRITION PROGRAMME FOR YOUNG CHILDREN IN MP: COVERAGE AND INTERVENTION (TILL DECEMBER 2022)

Areas	Total Registered Children	Total Children Weighed	Total % Children Weighed	Normal	Moderately Malnourished Children	Severely Malnourished Children	Total Malnourished	Normal (%)	Malnourished (%)
<b>Bhopal (Urban)</b>									
Apr-22	352	291	82.67	230	59	2	61	79.04	20.96
Mar-23	372	362	97.31	273	79	10	89	75.41	24.59
<b>Betul (Rural)</b>									
Apr-22	1227	1126	91.77	945	156	25	181	83.93	16.07
Mar-23	1153	1055	91.5	910	123	22	145	86.26	13.74
<b>Vidisha (Rural)</b>									
Apr-22	1104	1024	92.75	821	162	41	203	80.18	19.82
Mar-23	937	830	88.58	690	118	22	140	83.13	16.87



Graph represents the change in nutritional status across the 3 field areas of the SOCHARA Nutrition Programme in MP, between Apr 2022 and Mar 2023.



Home Visit to educate a mother about exclusive breastfeeding practice as part of the '1000 Days' programme under the SOCHARA-CPHE - MP Nutrition Programme in Madhya Pradesh



Training as part of the Nutrition Programme, MP.



SOCHARA team members make a home visit as part of the Nutrition Programme in MP.



Pictured: SOCHARA team member, Dr. Ravi D'souza carries out an infant health checkup during a home visit in MP as part of SOCHARA's Nutrition Programme.

## School Health Programme



Health awareness sessions being facilitated by a team member as part of the programme - 'My India Healthy India campaign' with Rajyoga Education and Research Foundation, in MP.

1. SOCHARA facilitated a health awareness programme at Suman Saurabh H.S. School (My India Healthy India campaign with Rajyoga Education and Research Foundation). 70 students from classes V to VII participated. Topics facilitated included appropriate body posture through Meditation, Hand and Oral Hygiene, Junk Food and its affects, de-addiction: Tobacco; Mobile phones.

2. In Aishbagh, 22 students participated in the Child Rights Champion Quiz, organised by National Commission for Protection of Child Rights (NCPCR), online. 18 of the 22 participants were awarded certificates.

3. Disseminated the 'Snakes and Ladders' game on oral hygiene and environmental cleanliness provided to AishBagh and Tila-

Jamapura learning centres.

4. Met with staff and volunteers of Youth for Seva to discuss potential future association for their School Health Programme.

5. Assessment and play activity with children of classes V to X at the free coaching centre located in Bhopal, MP.

6. Education support to the Durga Nagar slum children through Academy Apprentices volunteer group. Played some games with the children.

7. Swasthya Vaani the IVR Project – IVR Survey done in 3 Schools - Higher Secondary School 1100 quarters, High School Ambedkar Nagar and Middle School Baba Nagar) IVR Survey - 283 children participated and the survey finding is given below.

### RESPONSES TO THE IVR SURVEY DONE AS PART OF THE SWASTHYA VAANI THE IVR PROJECT

3 SCHOOLS (HSS, HS AND MS)					
Class	6th	7th	8th	9th	10th
Number	86	84	67	26	20
<b>CRITERIA</b>	<b>FEATURE</b>	<b>SMART</b>	<b>NO REPLY</b>		
Mobile Phone	10	270	2		
	<b>YES</b>	<b>NO</b>	<b>NO REPLY</b>		
Mobile phone in your HH	282	1	NIL		
Decent Network/3 Bars	265	12	5		
Phone allowed for educational reasons	263	19	1		
Listen free health story	272	7	4		

8. SOCHARA CPHE-MP carried out a Growth monitoring exercise among children of classes I to V, at a government primary school in Bhopal, MP. The process found



Children at a government primary school watch educational videos about personal hygiene during a health awareness session facilitated by a SOCHARA team member in Bhopal, MP.

52 children to be underweight, 3 overweight and 11 of normal weight. 30 children were below the required height, 16 within the expected range and 11 beyond the expected height range.



SOCHARA CPHE team member interacts with 29 children in class 5th to 10th at the free coaching centre in Bhopal, MP as part of a health awareness initiative.

9. A school health programme was initiated in 3 private and 2 government schools in collaboration with another organisation. Sessions based on Personal Hygiene, Nutrition, Safe drinking water, Worm infestation were developed and facilitated. The programme also included growth monitoring and activity based learning like the 'Bindi Game'



SOCHARA CPHE team members interact with children at a government primary school in Bhopal, MP as part of a growth monitoring exercise and health awareness initiative.



SOCHARA CPHE team member interacts with children during health awareness sessions being facilitated as part of the school health programme initiative.



## Environmental Health

1. From July 1st, 2022, all single-use plastic items with low utility and high littering potential have been banned across the country from manufacture, import, stocking, distribution, sale and use. After this team conducted a survey in Bhopal with 50 respondents about the use of single-use plastics. Majority of respondents are willing to stop using single-use plastics, but in the absence of an appropriate substitute changing the habit is difficult.
2. Met with Mr Anand Patel, an expert in environment and agriculture. He knows beekeeping and honey farming, and he makes and collects eco-friendly products.
3. Distributed plants to all attendees (teachers, students, guests, well wishers) for a healthy environment during Ashuna's school alumni meet.
4. Participated in the online meeting "How to make green world easily" by Ms Ulka Shukla from Mumbai.
5. Met with Chan Skun, the pan India solo bicycler, after completion of 18000 km. He visited the "Climate Justice Group" and met with us in Bhopal.
6. Visited Sandhya Varma's "Sadev Creations" to see how waste products are used to protect the environment. The paper in this centre is made by recycling discarded cloths. Various decorative items are made according to the festival's purpose/demand, as are other craft products and stationary items.
7. Participated in the opening ceremony of the Environmental Literature Centre of a friend's environmental organisation.
8. Environment awareness activities in two fairs organised by the KNS women's welfare group. We talked about dustbin sense and the 8 R approach.
9. Visited the "Divya Kala Mela" fair to find out the programs and schemes for physically challenged people. These are the products that they make for the public, manufactured by them throughout India.



Awareness activities at a fair organised by the KNS Women's Welfare group.

# HEALTH ASSEMBLIES IN TAMIL NADU

## A HISTORIC EVENT IN INDIA

One of the important strategies to ensure community participation in health is to have open multi-sectoral dialogue to hear and redress the need of the community. JSA and Makkal Nalavazvu Iyakkam (MNI) continuously facilitate such meetings across the state and nation and invite policy makers to hear the voices. In 2019 Tamil Nadu government with the support of world bank has taken this initiative on their own and SOCHARA oriented the team on this theme. Due to COVID-19 this was put behind till the situation eases.

Two of the SOCHARA team members were made as state working committee members by the health department. In the third year of this process (2022-23) assemblies are planned in 16 districts viz., Vellore Viluppuram, Thiruvallur, Kancheepuram, Karur, Madurai, Thiruvarur, Tanjavur,

Tiruchy, Namakkal, Erode, Tirupur, Coimbatore, Krishnagiri, Dindigul and Kanyakumari. This year the assemblies are extended up to block levels also. All these assemblies culminate in the state health assembly.

SOCHARA along with MNI has adopted two strategies. On one hand, engaging with leaders and policy makers of the health system to orient and support them in order to host these assemblies effectively. On the other hand, mobilising, orienting and hand-holding the civil society organisations and community to effectively take part in the assembly which is crucial to ensure community participation. SOCHARA and MNI conducted multiple meetings of civil society organisations in 13 of the above districts (except Kanyakumari, Thiruvarur and Tiruppur). Continuous hand-holding was provided throughout the year to many civil society organisations in various districts to ensure effective mobilisation and participation in the block and district level health assemblies in Tamil Nadu. A few important meetings are listed below. Apart from the first round of assemblies which happened in 16 districts, a second round of assemblies was organised in 14 districts by the health system.

In order to facilitate more participation in second round of health assembly in Dharmapuri district we conducted training program for the Panchayat representatives across the district. More than 10 training programs covering 250 PRIs from 10 different blocks of the district were done. Since these concepts are new we have conducted one day training for the civil society leaders from different district on 30th November in Dharmapuri in which the Dharmapuri assembly constitution member Mr. S.P. Vengateswaran participated and oriented.



MNI State level meeting on Health Assembly preparation on 28 Oct 2022



Meeting DDHS and APM of Trichy District to discuss about Health Assembly



PRI Orientation meeting at Nallmapalli Block on Health Assembly in the presence of MLA



PRI Orientation meeting at Nallmapalli Block on Health Assembly in the presence of MLA



State Health Assembly at Chennai on 31 Mar 2023



News article: Health Assembly orientation at Thanjavur district

- 24th June – Dindigul district civil society organisations orientation meeting
- 25th June – Madurai district civil society organisations orientation meeting
- 27th June – Coimbatore district civil society organisations orientation meeting
- 13th July – Krishnagiri district Civil society organisations orientation meeting
- 14th July – Vellore district civil society organisations orientation meeting
- 24th July – Tiruvallur district civil society organisations orientation meeting
- 27th August – Kanchipuram district district civil society organisations orientation meeting
- 15th September – Hands on Training on block health assembly to Krishnagiri district MNI members in Singarapettai block health assembly in Krishnagiri district.
- On 24th September, 2022 oriented to Tamil Nadu Voluntary Health Association members on the health assembly process and Right to Health campaign initiatives during the annual meet in Chennai



Pictured : Erode District Health assembly orientation meeting for MNI members

- 9th October – Training for Tiruvallur district MNI members on Health assembly at RK pettai government school, Tiruvallur
- On 24th October Stat level online meeting was organised for the District level leaders on different aspects of the assembly, strategy to mobilise and participate in assembly.
- 28th October – Orientation to the Deputy director of public health services and Additional Project manager of Tiruchy district along with Tirchy civil society organisations.
- 08th November – Orientation meeting for Villupuram district civil society organisations on Health Assembly and Health Right to Health act in Tamil Nadu held IRCDS office Villupuram.
- 17th November – Orientation meeting for Namakkal district civil society organisations on Health Assembly and Health Right to Health act in Tamil Nadu held at Buds and Christ Hall, Namkkal.
- 18th November – Orientation meeting for Erode district civil society organisations on Health Assembly and Health Right to Health act in Tamil Nadu held at Erode CEEMA Centre



- 20th November – Orientation meeting for Karur district civil society organisations on Health Assembly and Health Right to Health act in Tamil Nadu held at Karur.
- 12th December – Orientation meeting for Ramanadhapuram district civil society organisations on Health Assembly and Health Right to Health act in Tamil Nadu held at Ramnad RWS Office
- 14th December – Orientation meeting for Tanjavur district civil society organisations on Health Assembly and Health Right to Health act in Tamil Nadu held at Thanjavur Jana Seva Bhavan
- 15th December – Orientation meeting for Pudukottai civil society organisations on Health Assembly and Health Right to Health act in Tamil Nadu held at Pudukkottai TNSF Hall.
- 15th December – live orientation and hands on training for Pudukottai district civil society organisations during Block Health assembly at Aaadhanur block, Pudukkottai
- 11th Feb 2023 Introduction meeting on Health assembly to the member of WCF and discussion on issues of ESI hospital.
- 10th March 2023 – Organised state level reflection meeting for the civil society organisations on health assemblies

# SOCHARA' Objective II



*To promote and support community health action through voluntary as well as governmental initiatives.*

## Community Water, Sanitation and Hygiene C-WASH

SOCHARA team participated in the block level meetings and ward committee meetings organized regularly by the Urban local bodies like BBMP, Local Primary Health Centre, Electricity board, BWSSB, Sewage and water supply boards, police station, anganwadi's women and child help desk etc. SOCHARA actively participated and gave inputs regarding development needed in the communities, which are very crucial to the health of the community.

### Infrastructure

With the support from HCL foundation, a total of three all inclusive and child-friendly toilet blocks were newly constructed and handed over to the school administration at three government schools namely, Government High School, Haragadde; Government High School, Huskur and Government High School, Sarjapura. In Chennai, Police boys and girls clubs new toilet block was constructed and handed over for their use. Toilet etiquette awareness and workshops were conducted in the schools to ensure proper toilet usage and maintenance of the newly constructed toilets in their respective schools.

### Black Spot Clearance

Cleared black spots with timely intervention from the community volunteers and with the help of BBMP paurakarmikas.

### BESCOM

The communities approached the electricity board whenever there were street light issues and ensured that the problem was solved by writing letter to the concerned authorities and following it up continuously.

### Hand Washing Day Campaign

On the special occasion of global hand washing day, a campaign was organized, where volunteers and community members cleaned up the place and beautified the black spots with colorful paintings.



### Plogging Event

A total of 141 participants from the community as well as HCL volunteers participated in this event, where the dry garbage was collected, transported to BBMP for proper disposal.



Chintadripet: Community meeting with Sanitation workers



Chintadripet: Plogging Drive



Saidapet: community meeting



MKB Nagar: Toilet Unit Handover



## — Other Initiatives —

### **Community Health Action - Karnataka**

Karnataka's health indicators are the worst among the southern Indian states. The Maternal Mortality ratio (MMR) is at 69, even though it has improved from 228 in 2001-2003, it is still nowhere near Kerala's level of 19. Similarly, when it comes to Infant mortality rate (IMR), Karnataka has an IMR of 21 as compared to Kerala at 6. In Karnataka, 65.5 percent of children between the ages 6 months to 5 years are anaemic so are women who comprise 48 percent. The averages mask the inequalities within the state with districts like Raichur and Bidar performing much worse.

Recently, Rajasthan has become the first state in the country to bring in a Right to health legislation. Even though the legislation is not the most ideal one to be followed, it does give a starting point for moving towards health rights and demanding accountability from the systems and the state. Karnataka lacks this still and the Vision committee had specifically recommended that given the pluralistic nature of health systems with public, private and non-profit systems operating

side-by-side, it becomes increasingly important to have a right umbrella to move the population towards health entitlements.

The human resources situation in the state is also not the most optimal with high levels of vacancies in the various levels of the system. The vision committee of Karnataka had in 2022 identified that there were 30% shortages of ANMs, 11% of staff nurses, 13% lab technicians, 10% medical officers, 22% dentists and the biggest of them all 38% vacancies in specialists. Given this human resources scenario, the health system suffers from multiple issues. Compounding this are the facility level problems of not having staff quarters for the staff to stay, dysfunctional machinery and such other problems leading to a less than optimal health system. Given this state of affairs, SOCHARA, along with like minded organisations came together and formed a state wide platform named Sarvatrika Arogya Andolana Karnataka (Movement for Universal Health Care).

## Other Initiatives

Sarvatrika Arogya Andolana Karnataka is a state-wide network of various civil society organisations, workers unions, networks, activists, researchers and progressive organisations working for the health rights and to advocate for a Universal Health System in Karnataka. They work with many communities and issues including beedi workers, construction workers, garment workers, sanitation workers, sex workers, women, adivasis, dalits, gender and sexual minorities, farmers, waste pickers, migrant workers, informal sector workers, elderly, persons with disabilities, urban poor, rural poor and persons living with HIV.

### Objectives

- Working towards making Health as a Human Right and to put health on the agenda of various people's movements, organisations, networks and CBOs;
- To revitalize the functioning of the Primary Health Centres with adequate staff, adequate supply of essential medicines, adequate and basic infrastructure;
- To make PHCs more accountable to the communities;

- To increase people's accessibility to Primary Health Centres and right to primary health care

Actions thus far:

In 2023, in the run-up to the state elections, SAAK members drafted a health manifesto and then actively engaged with all political parties and candidates, in more than 12 districts, sharing the health manifesto with the parties and candidates and also actively advocate for strengthening health systems in the state

### **SOCHARA - Community Health Cell Extension Unit, Chennai**

- On 7th May we organised one day orientation program for the different organisations volunteers from 15 organisations including Tamil Nadu Science forum to intervene into health issues Chennai people are facing.
- On 9th June Tiruappattur district level MNI meeting organised to discuss and analyse the activities related to health system observation.
- On 10th June Dharmapuri district organisations meeting was organised to initiate activities on the health system observation.

## Other Initiatives



SOCHARA - CEU team member participated in the state level advocacy consultation meeting, ICSA, Egmore Chennai, Tamil Nadu.

- On 28th June one day meeting was organised to discuss public health system issues in Tirupattur district.
- We were supporting the Thozhi network state level campaign on constituting Internal Complain Committee (ICC) in the unorganised and organised industries. On 20th & 21st April 2022 we supported Thozhi in its preparatory meetings of state wide ICC campaign culmination report and consultation.
- We supported and participated the state level advocacy consultation meeting on 09th May 2022 in ICSA, Egmore Chennai.
- On 07th October we supported DEEPS in organising one day advocacy consultation meeting on “safe abortion” in Dharmapuri along with common health network.

# SOCHARA' Objective III

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*To undertake research in community health policy issues, including strategies in community health care, health personnel training, integration of medical and health systems.*

## **District case study to “understand pathways to Universal Health Coverage”**

This year SOCHARA-CEU initiated a study in Tamil Nadu to “understand path ways to Universal Health coverage” as district case study as part of the *Lancet* Citizens’ Commission on Reimagining India’s Health System. This study is being done in 6 states of India. For the Tamil Nadu study we have chosen Tiruvallur district. Through this study we are aiming to capture opinion of different stake holders of the district including community, Village Health and Water Sanitation Committee, elected representatives, public health system managers of different level, health care providers of all three tiers, private health care institutions and civil society organisations. Their opinion and suggestions will be collected through 40 interviews and Focus group discussions.

During this year we have contributed to the first stage of the study process including participation in the initial orientation meetings along with IIM Bangalore and population council of India, finalising the research district, block, finalising the tool, translating the tools into Tamil, selection and orientation to field partners, meeting

the Public health system officials and getting permission for the study and pilot study on the tools were done. Study will continue in the next year.

## **Discourse on Women centric maternal health care study**

SOCHARA coordinated a study on discourse on women centric maternal health care in Dharmapuri district for DEEPS and common health. Primary respondents of this study was public health system workers and community. Data was collected through focus group discussion and individual interviews.

## **Study on the Anganwadi centres in Tirunelveli and Thenkasi districts**

SOCHARA and MNI supported Human Rights Education and Protection Council (HREPC) in analysing, reporting and dissemination of the study on the status of the Anganwadi centres in Tirunelveli and Thenkasi districts. This is a community based cross-sectional study carried out in 50 Anganwadi centres in Tirunelveli and Tenkasi Districts of Tamil Nadu among children aged up to 6 years. Data collection was done by HREPC and analysis and report was done by SOCHARA team and associates, Dr. Gandhimathi (executive committee member of SOCHARA) and Dr. Arulalan.

Pictured on section cover page: WomenCentric Maternal Health Study by Commonhealth, Tamilly Nadu

### Waste Monitoring Tool

The waste generated at the community at household levels were regularly monitored by the community volunteers by using waste monitoring tool created by SOCHARA team. The count of segregated waste and non segregated waste was reported daily in both Anandapuram and Mayabazaar communities. The door to door survey and Participatory rural appraisal helped us to understand the number of households that are segregating waste, having own toilets and access to clean drinking water facilities.

### Survey

Household surveys were conducted in both the communities, to check the number of families residing, toilet facilities, number of children, male, female, transgender, disabled persons, toilet facilities, type of house, water and electricity connections etc. The survey gave us the information that is required to plan action, with the survey, we came to know that more than 40% of the community members in Anandapuram do not have own toilets and are dependent on public toilets.

### Needs Based Assessment

Needs based assessments were conducted in 25 schools to plan activities, construction in the schools both in Bangalore urban and Anekal Taluk. In Chennai, 5 police boys and girls clubs along with 10 schools were covered in this need base assessment to plan interventions.



Community Monitoring by Mayabazaar Community

### Participatory planning meetings

Participatory planning meetings were conducted by involving the communities, local NGOs working in the locality, ASHAs Anganwadi and Government school teachers.

## Non-Communicable Diseases

### **Strategies for non-communicable disease prevention in select populations residing in different regions of India**

SOCHARA collaborated with the Division of Clinical Research and Training, St. John's Medical College and Research Institute, Bangalore to carry out a study that looks at whether a locally developed, multi-pronged intervention package to enhance self-care and the evidence based strategies reduces the risk of NCDs among select populations in different regions of India. The study is planned for a period of one year.

# SOCHARA' Objective IV

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*To evolve educational strategies that enhance the knowledge, skill and attitudes of persons involved in community health and development.*



# School of Public Health, Equity and Action (SOPHEA)

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The Community Health and Public Health education and training initiatives of SOCHARA-SOPHEA have consistently focused on ‘action-based’ community health approaches to public health problems and issues; strengthening the public health system; addressing the wider health determinants of India’s majority population: the marginalised, vulnerable and socially excluded groups be it in rural communities, Adivasi hamlets or urban slums (1). All of SOCHARA’s learning programme initiatives have been founded and implemented on the broad philosophy of communitising health, health practitioners, health systems and health policies; aimed at reducing social inequities in health, towards Health for All. This is best expressed in the Chinese poem featured in the Manual for Community Health Workers of the Ministry of Health and Family Welfare 1978 (1):

*"Go to the people  
Live among them  
Learn from them  
Love them  
Start with what they know  
Build on what they have."*

From April 2022 to Mar 2023, SOCHARA’s School for Public Health Equity and Action (SOPHEA) focussed efforts on:

- Facilitating the hybrid 9-month Community Health Learning Programme (CHLP) in the second year of its 4th phase.
- University collaboration for accreditation of the CHLP as a Post Graduate Diploma and as a resource centre for design and delivery of the Master of Public Health with specialisation in Community Health (MPH-CH) lateral entry (year 2).
- Internships and Student Placements in Community Health

## Community Health Learning Programme (CHLP)

The CHLP, initiated in 2002 as a semi structured in-person programme has seen three complete phases until 2016, with approximately 500 Alumni from across the country. The CHLP has ‘flexibility, staying relevant to the current public health context and an emphasis on experiential learning’ at its very core. Thus the CHLP in its fourth phase, was launched in March 2021 as a hybrid (online and offline) part-time programme in response to the need for a trained cadre of community health and public health practitioners during the COVID-19 pandemic. The second year (CHLP 2022-23) of this phase commenced in March 2022 and was closed in February 2023.

CHLP Phase 4 objectives:

1. To empower the learners to provide effective pandemic response to the communities they work with.
2. To train learners to design community-based COVID-19 action programmes on a practical basis in concert with their theoretical learnings through their field-based projects.

### CHLP 2022 PARTICIPANTS

Number of Applicants	67
Numbers Enrolled	46
Numbers Completed	37
CHLP Reports Submitted	24
Extensions Requested	13

### GENDER

Transgender	1
Female	26
Male	19

### EDUCATION

Biological Sciences	2
Health Sciences	25
Humanities & Social Sciences	15
Social Sciences	2
Engineering	1
Other	1

### CURRICULUM DELIVERY

Learning Facilitators	75
Live Sessions	67
Pre-recorded Video Lectures (Phase 4 - cumulative)	101
Module Assignments	15
100 hours of Reading Material	33

### CHCC PARTICIPATION

#### CHCC I

CHLP 2021 Batch	14
CHLP 2022 Batch	28

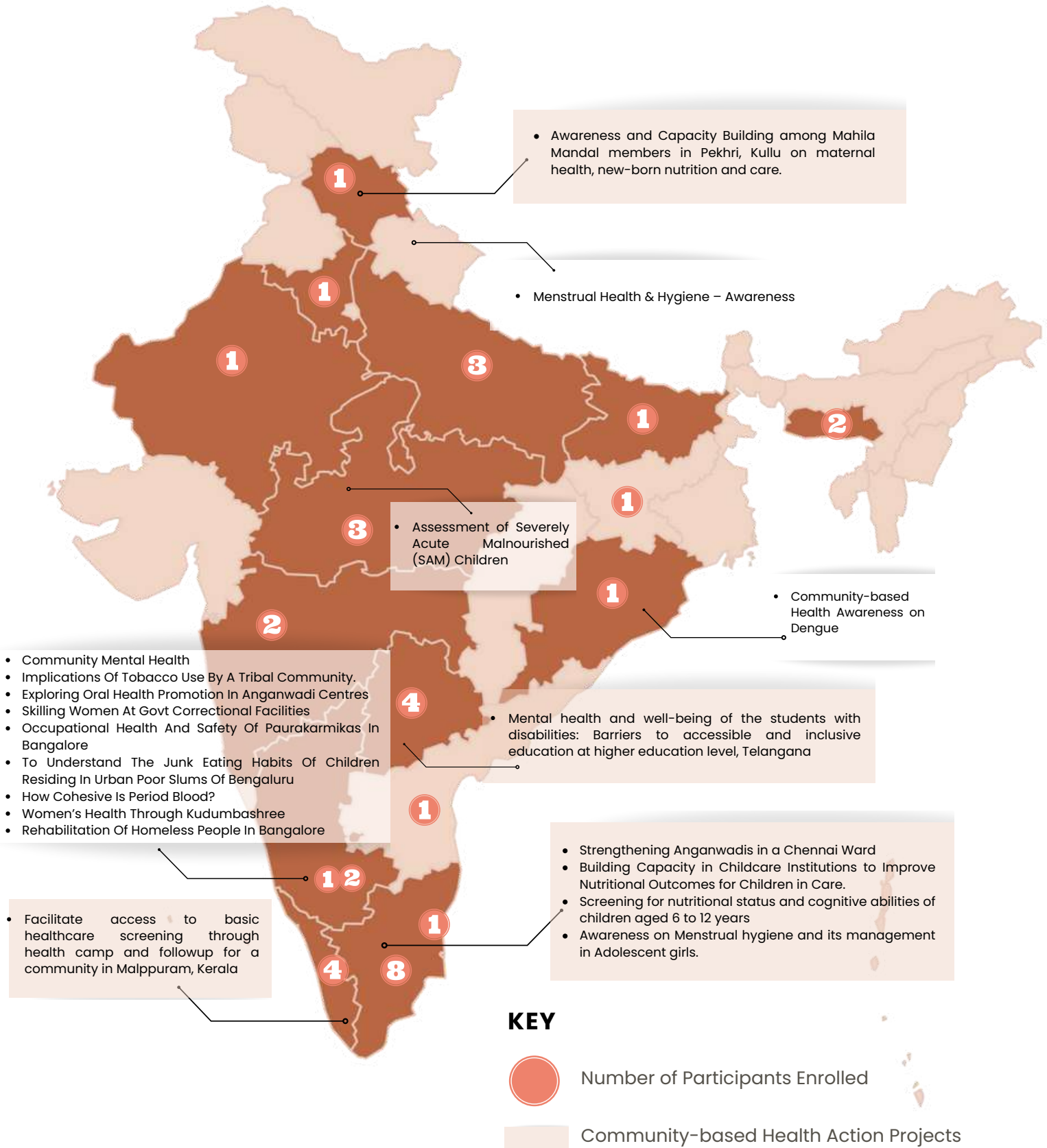
#### CHCC II

CHLP 2021 Batch	5
CHLP 2022 Batch	16
MPH 2022-23 Batch	4

# INDIAN STATES REPRESENTED

Total

16



## Unique Programme Components



### **Learning Management System (LMS)**

The SOPHEA Learning Management System (LMS) was designed and implemented at the commencement of the fourth phase of the CHLP, in March 2021. The LMS uses a Moodle platform and allows programme administrators, facilitators and participants to upload module content, assignments and communications for use. The live sessions and pre-recorded video lectures were created and made available under 'Creative Commons License'. The LMS was also made accessible through the mobile phone Moodle app.

### **Community Health Changemakers' Confluence (CHCC)**

The Community Health Changemakers' Confluence (CHCC) was organised as an in-person meeting in Bengaluru, Karnataka for 5 days at the beginning of the CHLP 2022-23 programme; from 23rd May 2022 to 27th May 2022 and for 5 days at the conclusion of the programme, from 30th January 2023 to 3rd February 2023. The CHCC served as an opportunity for learners to participate in the sharing of life-journeys and in interactions with field animators, community-based volunteers and other activist professionals.

Both confluences served as a platform to facilitate CHLP learning for which in-person interactions are essential.

The CHCC aimed to encourage participants to build their 'community' of community health and public health practitioners; and to add strength to the community health movement towards achieving the goal of 'Health for All'. Inner learning workshops were facilitated by Dr Ravi Narayan (Archivist, Advisor, Philosopher, Story), Dr. Mani Kalliath (GBM member, SOCHARA) and Br. Kumar (SOCHARA associate); and low-cost communication workshops were facilitated by Mr. Krishna Chakravarthy (co-initiator, SOCHARA).

#### *Life Journeys:*

Some from among SOCHARA's resource associates were invited to the CHCCs to share their own learning journey and experiences as a testament to the significance of self-learning, introspection and humility to embrace life-long learning.

Dr Dominic Misquith, (Physician, St Johns Medical College), shared about his experiences in Community Medicine, in both rural and urban settings. He emphasised that most resources are always available and present in the community; we just need to mobilise the funds, and specific resources for sustainable development.

Ruth Manorama, of Women's Voice shared her life's journey in empowering marginalised women including dalit women, those dwelling in slums, those working as domestic help, and those in the unorganised sector, to stand up for themselves and their basic rights like clean drinking water, housing facilities, land rights etc. She shared about her efforts in addressing issues related to oppression arising from caste, gender and class hierarchies. Her work included mass mobilisation and advocacy at the grassroots level as well as at national and international levels. Ruth emphasised the disparities that exist at the grass root levels especially for women in slums and that educating them and mobilising them to demand for basic facilities including access to good quality health care is important.

Dr Anand Zachariah, (Physician, CMC Vellore), looked back on his life through 4 journeys: 1. Towards the training of a primary care doctor, 2. Addressing health problems through education, 3. Journey in Humanities Education 4. Activism in health and medical education. He emphasised the network of people who shared in each of these journeys and the essential roles they played in enabling him to look beyond the patient to the family and community; and beyond ill-health to the factors that cause it.



Ruth Manorama shared her life journey



Dr. Sara Bhattacharaji shared her life journey



Mr. Krishna Chakravarthy facilitating Low-cost Communications Workshop



CHLP Participants awarded their Post Graduate Diploma Certificates and CHLP Completion Certificates



Mr. Krishna Chakravarthy facilitating Low-cost Communications Workshop on Poster Creation



Dr. Mani Kalliath facilitating a session on Inside Learning - Art Therapy



Dr. Chandra addressed the CHLP-MPH participants at CHCC

Dr. Sara Bhattacharaji, (Physician, CMC Vellore), shared about her life journey, her faith that moulded her and her role models who influenced her from childhood to recent achievements with CMC's low-cost-effective unit. She shared about her experiences at Jamkhed, Maharashtra where she learned about and experienced social (caste and class) dynamics of community and social analysis. She emphasised the importance of community participation in interventions in practice. She ended with a thought for participants to keep in mind, *"Water drops create a ripple effect. Our interventions are like those drops."*

#### Valedictory Ceremony:

Those who successfully completed the CHLP 2022-23 were awarded programme completion certificates during the Valedictory Ceremony held on 02 February 2023. Dr Sandra Albert, Director of Indian Institute of Public Health (IIPH) - Shillong was invited as Chief. She along with other guests i.e. key associates of SOCHARA, Dr P. Chandra (GBM member, SOCHARA), Rev. Fr Dr J. Charles Davis (Associate Director, St Johns Medical College) and SOCHARA's Secretary-Coordinator, Gurumoorthy addressed the CHLP participants to congratulate them on their achievements

and to encourage them in their life-long learning journey ahead.

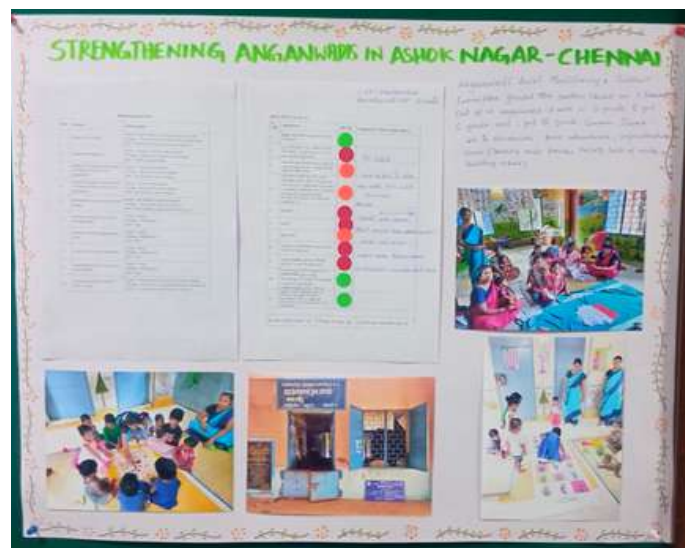
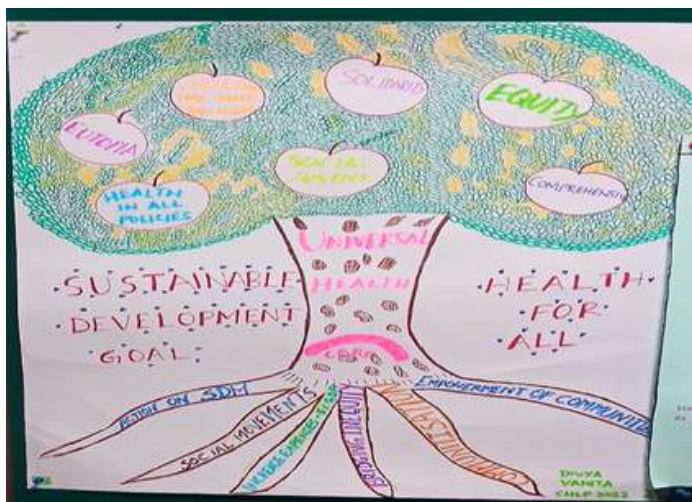
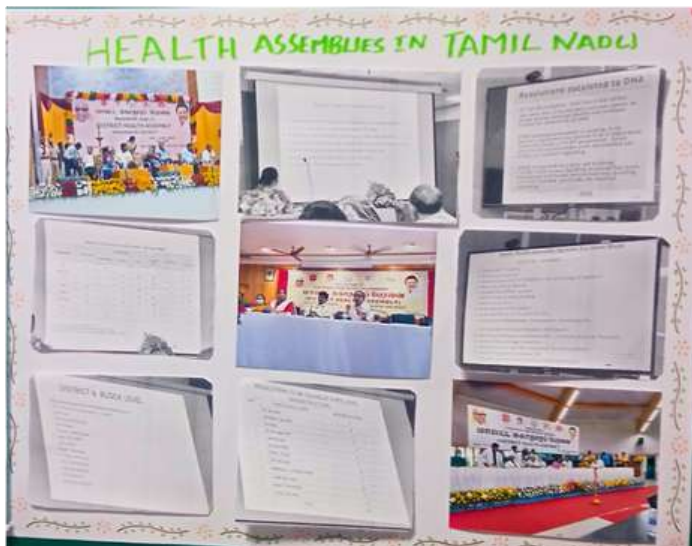
Each module took us through a journey of UNLEARNING. It was surprising to know how we have [previously] learnt many things wrong.

SAFIYA, CHLP 2022



CHLP 2022 participant receiving Course Completion Certificate presented by Rev. Fr Dr J. Charles Davis (Associate Director, St Johns Medical College)

Participants also had the opportunity to create and present posters on their CHLP learning during the CHCC. These are pictured on the following page.



Posters on Community Health Learning Journey created and presented by CHLP 2022 participants at CHCC January 2023.

## Mentorship and Buddy Support

CHLP programme participants are offered guidance through its mentorship and buddy dimensions. These offer participants an opportunity to partner with professionals from among SOCHARA’s mentor’s network and the SOCHARA team based on a spirit of Co-creation of knowledge, Learning together, Co-investigation, Grounded Reflections, Creative Interaction, Activist Professional.

Mentorship offers participants the benefit of guidance from their assigned mentors, who are from among SOCHARA’s rich resource network of field partners, CHLP Alumni, and professionals in community and public health. During the CHLP 2022-23, each participant was partnered with a suitable mentor based on common professional areas of interests.

“This mentorship is going to be my lifetime takeaway from the CHLP as this learning journey for both of us is going to continue”.

NIVETHA SHAKTIVEL, CHLP 2021

The Buddy Connect involves each of the CHLP core team members forging a buddy



partnership with the respective CHLP participants assigned to them. This creates a space for mutual learning, exchange of key learnings for every module, clarification of doubts, reconnecting with each participant's personal learning objectives and bridging their understanding of the Community Health Approach as well as further testing it out and applying it in practice. Maintaining the buddy connect proved to be a challenge considering the time each buddy connect demands versus the CHLP core team size and the human resource changes that took place in the team during the year.

# **COMMUNITY HEALTH**

## Learning Journeys

“I really enjoyed the breadth of the program because you rarely get such a comprehensive picture of what health looks like in this country. The sheer diversity in modules is truly one of the biggest strengths of the CHLP program”.

AKSHAY NARAYANAN, CHLP 2022.

CHLP- SOCHARA has taught me to learn values, knowledge, attitudes and skills that are required for community based public health actions requires an alternative teaching learning methodology [PEDAGOGY]

ZAHRA, CHLP 2022

The key thing that I learnt from CHLP is the use of 'reflection' as a tool to learn. One does not become wise by just gathering more data and information. One has to interpret the facts based on personal experience and then consciously think about what it means. This is a skill I will take forward in my work.

KARUNA MUTHAIAH, CHLP 2022

## Projects

25 participants from the Batch of CHLP 2022-23 took up the planning and implementation of a community-based health action-reflection project addressing public health issues of interest to them and of priority to the community they each worked with. The project period ran for three months from September 2022 to November 2022 following which participants were given time to submit their drafts and final reports. The list of projects undertaken as part of the CHLP 2022-23 is available under Annexure 2.

## End-term Review

An end review of CHLP Phase IV was carried out by External Reviewers, Dr. Deepthi Shanbhag and Dr. Majulika Vaz, both faculties in St. John's National Academy of Health Sciences. The summary and the recommendations of the report follows:



CHLP 2022 participants presenting their project work and key learnings from CHLP.

### *Summary of Recommendations from CHLP Phase 4 - End-Term Review*

- The overall organisational aspects of CHLP and of SOCHARA were greatly appreciated.
- CHLP attracts a rich cohort of learners from diverse streams of education, varied ages and from across the length and breadth of India
- CHLP is both a happy and frustrating experience for many involved
- Core team, buddy system highly appreciated but very stretched.
- Collaboration with MLCU for an MPH is a great opportunity for CHLP to have a premium value
- CHLP is a very ambitious, unique program in terms of what it believes in, what it expects to cover, the outcome expected, the expectations from Core team, LFs, Mentors and Fellows

## Mainstreaming the Alternative

SOCHARA signed an MOU with Martin Luther Christian University (MLCU), Shillong to forge a new partnership on 17 May 2022. This is a partnership for accreditation of the existing CHLP programme as a Postgraduate Diploma (PGD) and to further collaborate in the development and delivery of a Master's programme - a Master in Public Health with specialisation in Community Health (MPH-CH). The partnership came about organically through joint meetings and deliberations about how best could SOCHARA-SOPHEA's well-established community health knowledge and skills development resource network and its long-running CHLP; expand and contribute further to the human resource development for health in India.

### CHLP Post Graduate Diploma Accreditation & Master of Public Health with Specialisation in Community Health (MPH-CH)

SOCHARA appointed a liaison to facilitate the partnership into action. SOCHARA's School of Public Health, Equity and Action (SOPHEA) team, with support from SOCHARA's institutional bodies i.e the Academic Research Council (ARC), the Executive Committee (EC), the General Body of Members and SOCHARA's broader team worked together to create the operations manual for the PGD and MPH-CH programmes and to develop the partnership further. This initial draft of the operations manual went through multiple reviews with MLCU and representatives from the Board of Studies (BOS).

A set of process documents were drawn up to implement the CHLP PGD transcript evaluation and accreditation process and it was decided to implement the PGD accreditation process in specific blocks rather than on an ad-hoc basis owing to the time required for the process. The MPH-CH programme (year 2) would be delivered as a 12-month hybrid (part online and part in-person) programme and processes within the CHLP programmes ahead would also have some changes to meet guidelines set by the University Grants Commission (UGC). The reviewed draft operational manual included standard operating procedures for both the PGD accreditation

and MPH-CH programme that set the stage to begin the pilot phase of the MPH programme.

### **Team**

The existing three-member CHLP core team continued to work across the administrative and academic components of both the CHLP (and its PGD accreditation) and the MPH-CH programme in its pilot phase, supported by SOCHARA's administrative team and guided by SOCHARA's President and Vice President, SOCHARA's Secretary Coordinator and SOCHARA's Senior Academic and Policy Advisor. The appointment of Adjunct Faculty recommended from SOCHARA (as a partner organisation) to the University would be appointed in the months ahead.

### **Learning Facilitators**

As with the existing CHLP, learning facilitators were identified from among SOCHARA's wide resource network of Public Health and Community Health professionals as appropriate to each specific module objectives, the wider local, regional, national and global context of Public Health, the course participant's specific public health interests, and the skills and competencies to be developed through the programme modules. SOCHARA team members also facilitated some module sessions.

Learning facilitators not employed with SOCHARA were offered a modest honorarium for their contributions to module development, live session facilitation, pre-recorded video lectures and assignment assessments. The list of learning facilitators is available in the Annexures.

### **Eligibility criteria**

The partnership extends the PGD accreditation to CHLP Alumni from the start of the programme (including the community health fellowship programme that was facilitated in Madhya Pradesh, thus recognising the efforts and richness in learning and practice delivered by and brought to the CHLP over the years since its inception in 2002. In addition, those holding the CHLP PGD would be eligible to apply for lateral entry to the MPH-CH (year 2). The lateral entry is open to applicants with postgraduate qualifications in related areas like Social Sciences, Medicine and Allied Health Sciences. The programme brochure (including information about the CHLP PGD Accreditation) was prepared and disseminated to the CHLP Alumni. Four CHLP alumni applied for the CHLP PGD accreditation. The transcripts were evaluated for the same, approved by MLCU.

## **Pilot Phase**

The pilot batch (Batch 1: 2022-23) of the MPH-CH was launched in January 2023 with 5 participants who successfully applied for the programme through an interview process with SOCHARA's management. All five participants belonged to different batches from among the CHLP alumni. Of the five participants, three participants are among SOCHARA's staff members. The curriculum (as is with the CHLP) was developed using SOCHARA's participatory approach based on Paulo Freire's pedagogy of learning. The programme includes one 5 day in-person experiential learning through the Community Health Changemakers Confluence (CHCC) held in Bangalore - Karnataka, 3 weeks of in-person experiential learning with MLCU in Shillong - Meghalaya, 8 online modules and 6 months of a capstone community-based health research and action project. Participants are also encouraged to actively participate in Public Health related workshops, conferences, webinars, campaigns, etc and report back into the programme for sharing and discussing learning, insights and skills.

The participants of Batch 1 travelled to Maharashtra, to participate in person in the

49th annual meeting of the Medico Friend's Circle (MFC). The meeting, themed - "*Caste, Tribe and Religion: Institutionalised Discrimination in Health*", was held at Bapu Kuti Sevagram, Wardha district. The MPH-CH assessment process is under development and will align with the existing CHLP's and the University's approaches to continuous formative assessment and evaluation as appropriate and to meet UGC norms. Participants will also be assigned a tutor-mentor to guide them through the capstone research project towards the second half of their course. Each participant will also be required to present their research study proposals to the SOCHARA Institutional Scientific and Ethics Committee (SISEC) for scientific and ethical approval.

Module topics included in the MPH-CH are as below. SOCHARA is facilitating 36 credits while MLCU is facilitating 4 credits of the total 40 credits. MPH-CH participants completing their course successfully will be accredited with a total of 80 credits (40 credits carried over from their PGD and 40 credits from MPH-CH year 2) and will be awarded a Master's degree.

## **Continuous Professional Development (CPD)**

This university partnership has served as a



MPH-CH Batch 1 at 49th annual meeting of the Medico Friend's Circle (MFC) Sevagram, Maharashtra - 10th to 12th March 2023

platform that enables SOCHARA to encourage its staff to further their continuous professional development (CPD) aspirations in the sphere of Public Health and Community Health. 3 SOCHARA staff members joined the CHLP 2022-23 Batch as participants. As previously mentioned, another 3 SOCHARA staff members joined the MPH-CH pilot batch.

### Teaching-Learning Workshop by MLCU

3 SOCHARA staff members of the SOPHEA core team participated in a three-day teaching learning workshop facilitated by MLCU and hosted at Montfort Institute of Advanced Studies (MIAS), Bangalore from 9 Jan to 11 Jan 2023.

### MPH WITH SPECIALISATION IN COMMUNITY HEALTH (MPH-CH: SEMESTERS 3 AND 4)

#### GENDER STATES REPRESENTED

Transgender	0	Andhra Pradesh	1
Female	3	Madhya Pradesh	3
Male	2	Meghalaya	1

#### CURRICULUM DELIVERY

Modules Facilitated	2
Learning Facilitators	8
Live Sessions	12
Pre-recorded Video Lectures	9
Module Assignments	4
Additional Learning Material (all categories)	16
CHCC	1



SOPHEA Team at Teaching-Learning Workshop by MLCU - 9th - 11th January 2023 in Bangalore, Karnataka.

## Internships and Student Placements

Internships and students placements are offered to learners from undergraduate and postgraduates programmes in social science, health and development. These participants may apply through our partner institutions and organisations; or as independent applicants.

### INTERNSHIPS / PLACEMENTS

Christ University	12
Medical Academy Mangalore	1
Rajiv Gandhi University	1
St. Claret college	2
Harvard College - Cambridge, USA	1
TISS Mumbai	2

## Community Water, Sanitation and Hygiene C-WASH

### Wall Writing

Wall writings with messages on health and hygiene were painted at Lakshmipuram Government high school in Chennai. In Bangalore a total of 16 wall writings with the messages on health were painted on the school compound walls and community walls.



School Wall Writing and Painting in Bangalore and Chennai



### Street Play

Community members from the Mayabazaar community were trained by professional street theatre artist. After the training, the team named itself as “Hosa Belaku Kala Thanda”. They perform in communities to bring awareness related to the spread of disease, proper waste segregation and other health related topics to sensitise people in communities and schools.



Community Volunteers of the “Hosa Belaku Kala Thanda” perform a Street Play to Raise Health Awareness

### SOCHARA-CEU

On 25th and 26th April 2022 we along with SOCHARA fellow Mr. Vengatesan have conducted a training session on Health Rights and Patient Rights for TB Champions organised by Blossoms Trust in Madurai.

On July 18, 2022 we have taken online session on patients rights for the TB Champions, organised by REACH .

On Dec 24th 2022 we have conducted training program for more than 80 PRIs on child rights and entitlements at Sankarankoil Tirunelveli organised by HERF.



# SOCHARA' Objective V

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*To dialogue and participate with health planners, decision-makers and implementers to enable the formulation and implementation of community oriented health policies*

## SOCHARA-CEU

SOCHARA along with its resources including MNI members involved in various policy strengthening activities including dialoguing with MLAs and Ministers of Tamil Nadu, Conducting district health assemblies and designing Right to Health Act framework for Tamil Nadu.

On 17th February 2023 Tamil Nadu health Minister Mr. M. Subramaniam invited selected members across the state for an consultation on 2023 health budget priorities. SOCHARA members took part in this discussion and placed various points to improve peoples health in Tamil Nadu.

SOCHARA as part of dialoguing with the policy makers continuously orienting Mr. Abdul Samadh MLA on Right to Health care act and its importance of implementation in Tamil Nadu.

On 09th May SOCHAR team met Minister of social welfare and women empowerment, Tamil Nadu as part of a delegation along with THOZHI and THOZAMAI to insist constituting ICC committee in organized and unorganized sector.

On 7th June 2022 along with THOZHI team SOCHARA team met Director, Family

welfare department regarding constituting of ICC in public institutions and offices.

On Mar 29th 2023 we supported HREPC and address the media on status of the ICDS centres in Thenkasi and Thirunelveli districts.

On 31st March 2023 SOCHARA team along with Dr. Sundarraman, JSA co-convenor had detailed discussion on importance of Right to health Act in Tamil Nadu with the principal secretary, Health and family welfare department, National Health Mission director, Director of Public Health services, Director of medical services of Tamil Nadu.

Two of the team members are part of the state working committee of the Health assembly process in Tamil Nadu and attended various meetings at the state level along with the state health authorities.

SOCHARA has been included as representative of the state NGO in many districts working committee for the health assembly. Through this capacity the team members negotiated with many of the deputy directors and Assistant program managers of the district public health system for people centric health assembly process.

SOCHARA – MNI team members facilitated the district health assemblies in the following districts. They were ensured democratic participation, bringing out people’s health issues and need and negotiated with the district administrators and health authorities to draft and implement the resolutions. In total Team members and MNI state leaders facilitated Vellore, Viluppuram, Thiruvallur, karur, Madurai, Tanjavur, Tiruchy, Namakkal, Erode, Coimbatore, Krishnagiri, Dindigul, Dharmapuri and Salem district assemblies.

SOCHARA – MNI team members attended and facilitated various block level health assembly meetings. SOCHARA –CEU team guided the district civil society organizations to run peoples centric block level health assemblies.

State Health assembly was organised at Omandurar Multi speciality hospital conference hall, Chennai on March 31st by Tamil Nadu Health System Reform Project in which the SOCHARA team members participated and facilitated key sessions including finalization of resolutions. The assembly was inaugurated by the Tamil

Nadu health Minister along with other higher officials from the health department. District authorities and community representatives from 16 districts in which district and block assemblies held were participated and presented the proceeding of their respective district assemblies. SOCHARA team also facilitated the group discussion of these districts along with the other higher officials.

SOCHARA will continue its support to this initiative to the Tamil Nadu government in the coming years as members of state working committee and mobilizing civil society support from the districts to run effective “Peoples health assemblies” in Tamil Nadu.

### **Strengthening of state and district health networks**

SOCHARA team is continuously supporting the state steering committee to facilitate Makkal Nalavalvu Iyakkam (MNI) activities. SOCHARA team utilized health assembly process in Tamil Nadu to strengthen the district networks. Few of the important meetings are.,

On 19th April 2022 MNI state level meeting was organised at Trichy and decided to have

district level meetings and training towards strengthening campaign on right to health and to prepare for district health assemblies.

On 28th October 2022 MNI state level meeting was organized in Tiruchy to mobilize more members from MNI network to strengthen the health assembly process in Tamil Nadu.

### **Hosting JSA National secretariat**

SOCHARA is one of the national coordinating organizations of the Jan Swasthya Abhiyan (JSA). It continuously it's support to JSA in two ways. One of its team members is the one of national co-convenors of JSA who is continuously contributing to JSA activities.

On 14th and 15th May 2022 one of the team members took part in the national coordination committee meeting held in Delhi. One of the team member was member of the sub committee to draft guidelines for the national co-convenors institution and the committee drafted the same in July 2022.

SOCHARA took additional responsibility of hosting the National secretariat of JSA along with Peoples health Resource Society

(PHRS), Delhi. Earlier the secretariat was coordinated by more than five organizations but after the May 2022 meeting the JSA NCC requested both the above organizations alone to maintain the secretariat for effective functioning. Hence SOCHARA taken additional responsibility of hosting JSA secretariat from December 2022 along with PHRS. As part of that responsibility we continuously contribute to various functions of the network including organising National coordination committee meetings, brining statements and facilitating other activities of the network. Few important activities are listed below.,

- Prepared a draft action plan for the year 2023-24, and a note on a proposed campaign on peoples health rights.
- Organised Co-convenors online meeting on 18th January 2023.
- Coordinated the JSA's response on union budget 2023-24 and released to press.

Convened an online NCC meeting on 30th March 2023 to discuss JSA's action on Rajasthan Right to Health care act.

Solidarity through membership in committees/governance of other groups

Ameerkhan and Thelma Narayan are members of part of the Tamil Nadu Government's state working group for 'Health assemblies in Tamil Nadu'.

SOCHARA is continuing as a part of the national coordinating committee of the Jan Swasthya Abhiyan and has also taken additional responsibility as one of the hosting organisations of the national secretariat. Currently Ameerkhan and Nidhi Sukhla representing SOCHARA to JSA NCC. Ameerkhan is one of the national co-conveners of JSA.

CEU is hosting the secretariat of MNI Tamil Nadu and one of the team members is part of the steering group of MNI.

Ameerkhan is continuing as a general body member of RUWSEC, Tamil Nadu

### **Sarvatrika Arogya Andolana Karnataka (Universal Health Care) - SAAK**

The vision committee of Karnataka had in 2022 identified that there were 30% shortages of ANMs, 11% of staff nurses, 13% lab technicians, 10% medical officers, 22% dentists and the biggest of them all 38% vacancies in specialists. Given this human resources scenario, the health system suffers from multiple issues. Compounding this are the facility level problems of not having staff quarters for the staff to stay, dysfunctional machinery and such other problems leading to a less than optimal health system.

Given this state of affairs, SOCHARA, along with like minded organisations came together and formed a state wide platform named Sarvatrika Arogya Andolana Karnataka (Universal Health Care).

Sarvatrika Arogya Andolana Karnataka is a state-wide network of various civil society organisations, workers unions, networks, activists, researchers and progressive organisations working for the health rights and to advocate for a Universal Health System in Karnataka. They work with many communities and issues including beedi

workers, construction workers, garment workers, sanitation workers, sex workers, women, adivasis, dalits, gender and sexual minorities, farmers, waste pickers, migrant workers, informal sector workers, elderly, persons with disabilities, urban poor, rural poor and persons living with HIV.



SOCHARA team members' and SOCHARA's Donor Partners' visit to the Mayabazaar Community

# SOCHARA' Objective VI

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*To establish a library, documentation and interactive information centre in community health.*

## Community Water, Sanitation and Hygiene C-WASH

### IEC Materials Development and dissemination

As part of this objective and the partnership with HCL, many IEC materials were created in the forms of poster, flip charts for menstrual hygiene, hand wash, waste segregation, monitoring tool, visiting cards and flyers for educative purpose in the schools and communities.

CPHE- MP team developed IEC material on nutrition and school health and translated (Articles, Modules; Games) to support, aware and inform communities, fellows and associates.

Additionally, a series of documents on health awareness were prepared, translated or disseminated by the CPHE team in Bhopal. These and the activities carried out by the team have been listed in the table below.

### DOCUMENTATION PREPARED

#### School Health Programme:

Program Details and Gantt Chart

Benefits of Safe Drinking Water, Personal Hygiene, Oral Hygiene

IVR Survey format design

IEC for *Reduce, Recycle, Reuse, Refill, Rethink and Replenish, Raise Your Voice R theory, introduced as 'R' Theory*.

Finalise the pre test for school children to understand their existing awareness on various health topics.

#### Hindi Website

Journey of SOCHARA (in M.P.)"

List of Documents (Contributed by SOCHARA in M.P. with M.P. Govt and others) available in Hindi

CPHE-MP Journey in M.P.

#### Translations

"Poor nutrition accounts for bigger share of TB patients: Research" ~ Telegraphindia.com

Article on UHC ~ Prof. J. Dreaz (Source Newspaper: The Hindu edition April 13, 2022)

"NFHS-5 Bursts Right Wing myths of Indian Vegetarismism"

Junk Food

Health for All

"Public health: How to make a difference" ~ Dr. Kavary Nambisan

"Why is healthcare expensive in India?" ~ Ovee Karwa; published on: orgonline.org.

Public Health Approach ~Dr. Mathew George

National Food Security Act - Handouts

Lokniti articles: 1. Who is responsible for healthcare in India: the government or individual? - Jyoti Mishra & Devesh Kumar, The Hindu.

2. Does health impact voting decisions - Oliver Heath & Louise Tillin, The Hindu.

3. Who do voters credit (or blame) for the provision of health services? -Sanjay Kumar, The Hindu.



## Community Water, Sanitation and Hygiene C-WASH

### **Miscellaneous documents prepared**

Case stories of nutrition programme

List of substitutes/replacements for plastic, unhealthy or hazardous materials

List out different drive like Jhola and Bartan Bank, Coconut and juice shops and celebration Zero waste birthday and marriage celebration

Document the types of waste, how to live a zero waste lifestyle, and what alternatives of the plastic.

### **Documents Disseminated**

"MBA in Fraud "

### **Activities**

SOCHARA and other publication stall at the 17th all-Indian conclave of the People's Science Network in Bhopal, August 6-9, 2022.

## Community Health Library and Information Centre (CLIC)

CLIC has grown over the years and a good collection on Community Health and Public Health related contents in all the topics. CLIC has extension units in Chennai and Bhopal. It supports SOCHARA team; CHLP and MPH participants and internship students. It is a public library that allows outsiders including NGOs, health professionals, Community medicine and social work students. It has started digitalization of books and unpublished papers.

- CLIC received 100 during this period. The total number of books, we have in CLIC is 16973.
- It subscribed journals, magazines and newsletters (55)
- Received books as donation from Mr. Prasanna Saligram and Dr. Nishitha Ayesha;
- Published 10 issues of Health Round-up during the year, which were shared via google groups to 1081 users
- Books and posters displayed and photos taken during meeting 'Community Health Changemakers Confluence (CHCC)' 30th Jan. 2023 to 3rd Feb. 2023 at St. John's Medical College, Bangalore.
- The Story of SOCHARA in Small Doses (The first 25 stories and reflections) prepared by Dr. Ravi Narayan and Mahadevaswamy H R

### **Publications:**

- SOCHARA Annual Report April 2022 – March 2023
- A Report on MY JOURNEY TO UNDERSTAND COMMUNITY HEALTH December 30th, 2022 — January 16th, 2023 by Alvira Tyagi
- Final Report of Internship, 1st August to 30th Sep. 2022
- Internship Report by Dr. Gayatri Sharma, from 18th Oct. 2022 to 7th Nov. 2022
- Internship Report by Kiran Jaison, from 1st February to 17th March 2023.

## Digital Archives Project

As a continuation of the Silver Jubilee Museum Archive Project at the Health For All Learning Center, the Digital Archives Project (DAP) was started last year. Dr Akshay S Dinesh who has interdisciplinary expertise in digital technologies and health has joined the team as consultant to execute the project. In-house resources and capacity is being enhanced while strong partnerships are being forged with various like-minded groups.

On June 13, 2022 an in-person meeting was conducted with Guru, Ravi Narayan, Ravi D'souza, Alfred, Vignesh Prasad, Mahadevaswamy, and Akshay S Dinesh. Ravi Narayan set the context with the history of sochara.org, and communityhealth.in, and digital transformation efforts in the past. Guru demonstrated dSPACE set up with the help of Balaji Kutty. Later in 2022 a pilot project was taken up with digitization of mfc collection. In September 2022, CZUR ET18-P scanner was purchased and team members Tulsi and Joseph were trained in the usage of the same. Till March 2023, about 200 archival/library items have been scanned using this machine. In February 2023, Dr John Clarence joined the team as senior librarian after his tenure at St John's Medical College. Dr Rajeev B R is volunteering with cataloguing and curation of the mfc collection. Vignesh Prasad is volunteering to maintain People of SOCHARA supersite.

The archival platform was shifted to Omeka S after discussions with Indic Digital Archive Foundation as this was a more modern platform that was easier to maintain and had similar features as dSPACE. This is hosted at archives.sochara.org.

There is ongoing work on curating and uploading the "Stories of SOCHARA" section of the website. The control over communityhealth.in wiki was regained through persistent communication with the National Internet Exchange of India (NIXI). This is presently pointed to wiki.sochara.org where older content is made available and newer content can be added by anyone.



The first scanning unit at SOCHARA under the digitalisation effort.

### **Solidarity through membership in committees/governance of other groups**

- Ameerkhan and Thelma Narayan are members of the Tamil Nadu Government's state working group for 'Health assemblies in Tamil Nadu'
- SOCHARA is continuing part of the national coordinating committee of the Jan Swasthya Abhiyan and also one of the hosting organisations of the national secretariat. Currently Ameerkhan and Nidhi Sukhla representing SOCHARA.
- CEU is hosting the secretariat of MNI Tamil Nadu and one of the team members is part of the steering group of MNI.
- Ameer Khan Continuing as general body member of the RUWSEC, Tamil Nadu.
- JSA: CPHE-MP team's active contribution in all the activities of campaign as and when required. Team also contributing in regional expansion.
- AIPSN: CPHE team supported activities of network and other activities also.
- Fellows Collective: Team actively supporting fellows collective, support to organise meetings (Virtually and in Person). Collective members also supporting to develop Hindi website of CPHE-MP.
- Yumetta: Yumetta team members visited Bhopal for three days and CPHE team conducted meetings with NGO's and CBO's in Bhopal and a huge meeting in a Social Work College also.
- Environment – We associate with organization and group to work with environment safety.
- Civil society organization - Communicate with old organisation/Individual and search new organization/Individuals. Associate with Ashuna School Committee to support and contribute in the children's activities.
- Public Health official - Build-up the relationship with government health officials.
- Social work department - Reconnect with the HOD, faculty, and alumni/new students at BU's social work department
- SOCHARA team member is the Director, Public Affairs Foundation (PAF) Bangalore.
- SOCHARA team member is the President of Collective Action for Basic Rights Foundation and CBR (Community Based Rehabilitation) Forum of Persons with Disability.

- SOCHARA team member was a Steering Committee member of Pesticide Action Network India.
- SOCHARA team member is a Board member of APD (Association of People with Disability), Bangalore.
- SOCHARA team member is a General Body member of Tamil Nadu Forum for Creche and Childcare Services (TNFORCES), Rural Women Social Education Centre (RUWSEC), Tirukalukundram, Tamil Nadu and Executive Committee member of Tamil Nadu Health Development Association.
- The SOCHARA team is part of the National Coordination Committee of the Jan Swasthya Abhiyan (JSA) and part of the national convening group.
- SOCHARA is one of the hosting organisations of JSA secretariat and it is also hosting MNI secretariat
- Participated Pravah youth programme
- Participated Climate Justice Muhim Programme at Gandhi Bhavan (Speaker : Saumya Dutta). Reflection meeting of Lancet webinar on tribal Health and Universal health care (Speakers : Dr. Glen, Dr. Milari : Dr. Abhay Bang Chaired by Dr. Thelma).
- Organised a meeting with voluntary organisations (15) and Yumetta Buddies.
- Participated CJM Planning Meeting to intervene in institutions.
- Participated Webinar Speaker on "75 yrs of independence and millennial politics" Speaker Mr. Kanan Gopinathan.
- Participated Webinar "Spiritual Problem or Mental Illness?" Symptoms and solutions (Dr. Safiya (CHLP Fellow)).
- Participated in a virtual meeting with Yumetta on Mental Health (Community Mental Health Program) with Mr. Umesh, Ms. Advaita; Ms. Neelam.
- Participated Comics workshop.
- Participated in preparatory meeting of harmony.
- Participated National Constitution Day at Bhopal.
- Participated in a programme on National Constitution Day at Sarni (Betul).

### Networking

- Participated in a fellows meeting with Dr. Ravi Narayan along with Mr. Juned Kamal, Mr. Dharendra Arya; Ms. Nidhi Shukla.
- Participated in Ambedkar Jayanti Programme at Ambedkar Nagar, Bhopal.
- Participated in APCR Meeting at Rahul Nagar.

- Participated AIPSC meeting.
- Participated Plantation program in MANIT .
- Participated in a meeting on Joshi-Math (virtually) Speakers : Medha, Saumya Dutta).
- Participated Meeting on Constitutional values an against hatred (Subhashini Ali,) at Gandhi Bhavan.
- Participated in CHCC (Two team members).
- Participated virtual meeting “Ethics of Research” Prof. John Porter at TDU.
- Participated in a Training program on Mental Health Act.
- Participated MFC Meeting.
- Participated planning meeting of “Dr. Khare memorial program” .
- Participated in a meeting which was organised by Anhad, Speakers: Mr. Venu, Mr.Pranjoy Guha Thakurta, Prof. Arun Kumar.
- Participate meeting of INHAF – Habitat.
- Contributed in planning meeting on People’s Manifesto which was organised by NGO Cell at Bhopal.
- Participated in a meeting on Joshi Math "Are we building our way into oblivion?. " organised by CFA.
- Participated in a meeting (NGO Cell).
- Participated in a meeting on IVR launch with Ms.Sugandha.
- Participated Health and Equity Network of India virtual meeting
- Participate planning meeting of school health programm with AIPSN members.
- Participated in the three-day meeting of Medical Friend Circle at Wardha; which was focused on inequality (caste, class,ethnic; identity) in the field of health.
- Participate in the networking and linkages meeting organized by MPSSS on Climate Change.
- Organised the Ashuna School committee’s 50th year of anniversary through sports of children and honoured to old teacher, old students, guest and well wisher.
- Participate the Navodit Kid’s carnival 2023 in LNCT auditorium Bhopal organized by Youth for Sewa. 400 hundred children of 8 to 14 years age group participate in the event.
- Meet with Ms Kumud Singh from Sarokar organization and Meet with Mr Sajjan Shekhawat from Pratham organization for resources for School Health Programme.

- Visit the Central Population Control Board and meet with the Scientist Mr Anoop Chaturvedi to discuss about banned single used plastic and what the substitute available and contact details of the person and the organization working for environment friendly activities.
- Visit Environmental Planning & Coordination Organization (EPPCO) to find about their programs, projects and the courses for environment and how can we associate with them.
- Visit the Maha Shakti Sewa Kendra, this is the training and production unit run by NGO with the support of central government grant. They provide training and manufacture different item used by the waste materials. Like clothes, bags, laptop bages, Zardoshi products and printing work with use of waste materials.
- Visit the one sanitation solution centre and meet with one social work to understand about the concept of solution centre run by the Bhopal municipal corporation. We discuss with the worker about the product and their roles and response of the public.
- Meet with Mr Saifuddin one of the sanitation warrior of Bhopal.
- Visit 4 School (3 governments and 1 private) to meet with the principle and teacher discuss about the program need and other related activities. In these schools we ask about the National De worming activity done or not.
- Visit the one private and three public health centre facilities. Missionary/private hospital, CHC, UPHC and Sanjeevani Clinic. To find out the available services, human resource and the challenges.
- Visit the India International Science festival and seen environmental friendly and recycled products. I watch some of them like seed pen, pencil (made from used newspaper), wood comb etc.
- Participate the talk on “Avoid Hatred and Save our Constitution” at Gandhi bhawan, Bhopal.
- Participate the MFC 49th annual meeting at Bapukuti Sewagram, Wardha district, The theme of this meeting is "Caste, Tribe, and Religion: Institutionalised Discrimination in Health."
- Participate in the introductory lecture on World TB Day organised by the Deepak Foundation, Bhopal.

- Participate (Virtually) The Medico friend circle on his 50th year organize online meeting on the response of Bhopal gas tragedy.
- Participate (Virtually) the 21st Equilogue - "Leaving No One Behind— understanding the gaps in the current approach to ensuring UHC in India. The health challenges facing older widows in Kottayam and the indigenous community in Attapadi, Kerala.
- Participate the webinar conducted by Mr. Sachin Jain on the role of data and facts in the development.
- Participate the webinar by Dr Ramani Atkuri about Rights and Health organized by DoctorNet India.



# Our Team



SOCHARA has a committed, talented, interdisciplinary team, presently based in three clusters in Bangalore, Chennai and Bhopal. Our team comprised of the following team members, based in CHC-Bangalore, CHC-Chennai and CPHE Bhopal between April 2022 and March 2023.

## SENIOR ADVISORS

Dr Thelma Narayan	Academics and Health Policy Action
Dr Ravi Narayan	Senior Advisor
Dr Ravi D'Souza	Senior Advisor

## ADMINISTRATIVE TEAM

Mr. V.N. Nagaraja Rao	Administrative Officer
Mr. Mathew Alex	Accounts Officer
Ms. Maria Dorothy Stella	Office Supervisor
Mr. Hanumanthappa	Account Assistant
Mr. Hari Prasad Ojha	Office Assistant
Mr. M.S. Joseph	Office Assistant
Mr. Tulsi Chetri	Office Assistant
Ms. Vijaya	Helper, Bangalore Unit
Ms. Sangetha	Helper, Bhopal Unit

## TECHNICAL TEAM

Mr. Gurumoorthy. M	Secretary and Coordinator
Dr. Ravi D'Souza	Senior Consultant, Head – Bhopal Unit
Mr. Ameer Khan	Co-Coordinator, Coordinator-CEU Tamil Nadu; Training and Research Associate.
Mr. Prahlad I.M	Co-Coordinator; Research and Training Associate
Mr. H.R. Mahadeva Swamy	Information Officer
Ms. Nidhi Shukla	Training and Research Assistant
Mr. Suresh. D	Communication Officer
Dr. Akshay S. Dinesh	Digital Archivist - HFALC
Mr. Dharendra Arya	Training and Research Associate
Mr. Azam Khan	Training and Research Assistant
Mr. Karthikeyan Kandasami	Associate Director – CHLP
Ms. Janelle de Sa Fernandes	Associate Director – CHLP
Dr. Radhika Kaulgud	Programme Director – CHLP (till 31st July 2022)
Ms. Ranjitha. L	Programme Assistant – CHLP
Mr. Alfred Raju	Training and Research Assistant
Mr. Mallesh K.M.	Training and Research Assistant (till 15-11-2022)
Ms. Aadira Stephen	Training and Research Assistant
Ms. Sugandha Chandra	Project Coordinator
Ms. Jyothi	Programme Assistant
Ms. Prema	Field Coordinator
Ms. Rajani	Field Coordinator
Mr. Suryakumar	Community Facilitator

**SOCHARA Members**

Society members are also resource persons from multidisciplinary backgrounds with rich experience and are invited when required, to support and advise regarding technical aspects and skill development of the new team. In addition some members will actively support governance as members of the EC.

**EXECUTIVE COMMITTEE**

Dr. Pruthvish. S	President
Dr. Denis Xavier	Vice President
Dr. Maya Mascarenhas	Treasurer
Mr. Gurumoorthy. M	Secretary
Dr. Ganthimathi.J	Member
Dr. Susanta Ghosh	Member
Dr. Adithya Pradyumna	Member

**HONORARY MEMBERS**

Rev. Fr. John Vattamattam	Honorary Member
Dr. D.K. Srinivasa	Honorary Member
Mr. A. Arumugham	Honorary Member

**Governance and Administration**

During the year 2020-21 the Executive Committee meetings were held on : (1) 13th September 2022 (2) 13th January 2023 (3) 28th March 2023.

The Annual General Body Meeting was held on 30th September 2022.

**GENERAL BODY MEMBERS**

Dr. P. Chandra	Dr. Thelma Narayan
Dr. Ravi Narayan	Dr. Mohan Isaac
Mr. Sam Joseph	Ms. Valli Seshan
Mr. Abhijit Sengupta, IAS	Dr. Mani Kalliath
Dr. Sunil Kaul	Mr. K. Gopinathan
Dr. H. Sudarshan	Dr. M.K.Vasundhra
Mr. As Mohammad	Dr. Ravi D'Souza
Dr. N. Devadasan	Dr. Kishore Murthy
Dr. Madhukar Pai	Dr. Edward Premdas Pinto
Dr. Neela Patel	Dr. Anand Zachariah
Prof. Shanmuga Velayudham	Rev. Sr. Aquinas Edassery
Dr. K. Ravikumar	Dr. Muraleedharan V.R.
Dr. Arvind Kasturi	Ms. Anjali Noronha
Dr. Ramani Atkuri	Dr. Lalit Narayan
Dr. Rahul ASGR	Dr. Priyadarsh
Mr. Prasanna Saligram	Mr. Ameer Khan
Mr. Prahlad. I.M.	

**FINANCE & MANAGEMENT COMMITTEE (FMC)**

Mr. As Mohammad	Chair
Dr. Maya Mascarenhas	Member
Mr. Gurumoorthy. M	Member

**SOCHARA INSTITUTIONAL SCIENTIFIC AND ETHICS COMMITTEE FOR REVIEW OF RESEARCH PROJECTS (SISEC)**

Dr. Manjulika Vaz	Chairperson
Ms. Janelle Fernandes	Member Secretary
Dr. Arvind Kasturi	Member
Mr. As Mohammad	Member
Ms. Pushpa Achanta	Member
Dr. Sushi Kadanakuppe	Member
Rev. Dr. Christopher Vimalraj	Member
Dr. Edward Premdas Pinto	Member

**ACADEMIC RESEARCH COUNCIL (ARC)**

Dr. Thelma Narayan	Chairperson
Mr. Karthikeyan K	Member Secretary
Dr. Mohan Isaac	Member
Dr. S. Pruthvish	Member
Rev. Dr. John Thekkekkara	Member
Dr. Ramani Atkuri	Member
Dr. Sunita Bandewar	Member
Dr. Senthil Kumar	Member
Mr. Prasanna Saligram	Member
Dr. Maryann Washington	Member

## Our Partners

**MISEREOR**  
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**HCLFoundation**



## :: Acknowledgements ::

### Acknowledgements

1. We thank KZE / Misereor for the immense financial support.
2. We thank AID-US for their immediate and timely financial support.
3. We thank BEGECA for their support in getting the COVID 19 medical equipments.
4. We thank HCL Foundation for their continuing support to the C-WASH project in Bangalore and Chennai.
5. Thanks to all SOCHARA Staff.



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