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Waste Management at Devarajeevanahalli (DJ Halli) – Bengaluru Urban

The project on solid waste management at Devarajeevanahalli (Ward No.48, Sakkaremandi area) started with a community-driven approach to manage waste and begins with creating awareness among the communities, followed by promoting waste segregation at the household level, provision of waste bins, collection of segregated waste, and final disposal. | [Read>>](#)

“Adopting a Community Health Approach for Sustainable Sanitation in MP”

A workshop on “Adopting a community health approach for sustainable sanitation in Madhya Pradesh” was organized by SOCHARA at Bhopal. It was an effort to bring together community health and sustainable sanitation on a platform for action in Madhya Pradesh. Community health professionals and representatives of voluntary organisations participated in it, to share, learn and form an innovative strategy for sustainable sanitation. | [Read>>](#)



Slum Eviction: Our Journey through the Passages of Hope

I was told that health is not healthcare and I agree. Also, Health is not just electricity and water and roads and education and sanitation and livelihood. Health is to sing and dance with your friends when they are down and you have none of these things. To stand by their side and clap for them when nobody is clapping or worse, when nobody is bothered enough to look. Health is to fight darkness with light and hope. To make sorrows fade into the shadows of hopeful and helpful collective action. Health is to fight apathy with friendships beyond time and distance, beyond religion, class, caste or colour. | [Read>>](#)

OUT OF BOX

“I don't know, how I am going to study and also look after my parents” - 14 years old and living with HIV. Her younger sister (aged 9 years) and her parents are also living with HIV. Her father, a lorry driver does not support the family with his income as he spends most of the earnings on drinking. | [Read>>](#)

Note from SOCHARA, Bengaluru!

This issue of the E-SOCHARA Newsletter brings with it important and happy news from Bengaluru! On 15th October 2016 **Mr. Sam V Joseph** was welcomed as he took over the organizational responsibilities as Secretary-Coordinator SOCHARA. This is an important step as we have just completed the silver jubilee of having registered as a Society on April 16th 1991. Thelma Narayan held this position since the past six years. A transition process was initiated at the last Annual General Body Meeting (AGBM) in July 2015 and steered by the Executive Committee (EC). The EC met five times during the year, and additionally the President Dr.Mohan Isaac facilitated three full team meetings. Important suggestions came up. The application of thought and a participatory approach helped allay apprehensions that change may cause. There have been several leadership transitions in SOCHARA since it was established twenty five years ago. This is the sixth time a transition is taking place in the Secretary position. There has been learning and growth with every transition. | [Read>>](#)





Experience of conducting ASHA Training in Madhya Pradesh

This exercise was very useful for me to start my session on Gender and Sex. I asked each participant who is a man? And who is a woman? All replied women are domestic workers emotional, sensitive, coward, weak, religious, soft hearted and they wear different clothes like saree, salwar, kurta, burka and they have a long hair but men are hard by nature by work and they wear different clothes like pant, shirt, dhoti, kurta. Men are always powerful; they are politicians, rulers and decision makers.

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Enabling Healthy Choices, Building Healthy Lives

SOCHARA began its first engagement in May 2016 with Holy Cross School, New Thippasandra. We are in the programme's initial phase that includes building a rapport with the school community and creating a foundation that encourages the school to take ownership of health promoting efforts towards ensuring longer term sustainability. While rapport building is desirable throughout the duration of the programme, this initial period of rapport building is particularly essential to create a space for more effective efforts required to assess school community needs and resources.

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OUT OF BOX

The SDG Knowledge Hub is an online resource center for news and commentary regarding the implementation of the United Nations' 2030 Agenda for Sustainable Development, including all 17 Sustainable Development Goals (SDGs) | [Read >>](#)

Bal Panchayats

All the children from the non-formal education centres and locality are brought together and they are explained to about the importance and benefit of being united. Following this, the children who want to participate in the Bal panchayat come together in a meeting where the name of Bal panchayat is decided by the children and the children are informed about the working core group. The children decide how many will be in the working core group and the members of the working core group is decided by election.

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What turned you blind?

A poem on oppressed talks about inner quilt, as
*These bricks and wall
Witness of all.
I wish they could talk, and
Tell you that how cruel you are*

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FLUOROSIS

Fluorosis, a major public health problem, is a chronic condition caused by the ingestion of excess fluoride, where there is deposition of this fluoride in the hard and soft tissues of the body. An article published in Health Action - Issue |

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HEALTH TOON

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